

#### Make a difference and stand out from the crowd!



Graduate+ is loud & proud to be part of the BCU Community

## Graduate+ Events Week: 27th Feb — 3rd Mar 2017 What's it all about?

Do you want to volunteer? Are you interested in social action & change?

Have you thought about your role in the community?

This is your chance to test your comfort zones & experience new things.









## **Monday 27th February**

Who?	What, When and Where?	Award	How?
Capgemini CONSULTING. TECHNOLOGY, OUTS OUR CING	Introduction to Capgemini  □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□	Bronze	http://bit.ly/ GraduatePlusCapgemini1  http://bit.ly/ GraduatePlusCapgemini2
Careers and Employment Event	Boost your Skills with Volunteering  12-1pm   CC – Curzon - C221  Come and see how you can boost your skills, networks and prospects through volunteering.	Bronze	http://bit.ly/ GraduatePlusCareers1
Careers and Employment Event	Careers with a Conscience  1-2pm   CC – Curzon - C221  Ethical Careers—What are they and why? Come and explore the different career opportunities.	Bronze	http://bit.ly/ GraduatePlusCareers2
SPSS	Introduction to SPSS Workshop  1-3pm   CC – Millennium Point - MP 242  Come and find out how to use descriptive statistics and statistical testing in SPSS.	Bronze	http://bit.ly/ GraduatePlusSPSS
CCUSA	Summer Camp USA Information Workshop  1:30-2:30pm   CC – Curzon - C001  Come and find out about summer camp jobs, work or volunteer experiences in the US and the rest of the World.	Bronze	http://bit.ly/ GraduatePlusCCUSA
Capgemini CONSULTING. TECHNOLOGY. OUTS OUR CING	Assessment Centres with Capgemini  2-4pm   CC – Millennium Point - MP 490  Come and find out how to shine at Assessment Centres.  Interview Tips with Capgemini  4-5pm   CC – Millennium Point - MP 490	Bronze	http://bit.ly/ GraduatePlusCapgemini3 http://bit.ly/

#### **Flavour of Activities in Curzon Atrium**

Graduate+, Uprising, City Year, Careers: Visualise Your Future

#### **Flavour of Activities in City South Foyer**

NCS, Centre for Academic Success, Birmingham Museum, Graduate+







## **Tuesday 28th February**

Who?	What, When and Where?	Award	How?
nterprise	Information Session with Enterprise Rent-a-car  10-11am   CC – Curzon - C 457  Come and speak to a Graduate Recruiter about opportunities and how they value a student's involvement with Enactus.	Bronze	http://bit.ly/ GraduatePlusEnterprise
CITY YEAR give a year. change the world.	Workshop with City Year—Volunteer Opportunities	Bronze	http://bit.ly/ GraduatePlusCityYear
Fixers www.fixers.org.uk	Fixers in Action: Jess Benton—NeuroDiversity  12-1pm   CC – Curzon - C 428  Come and find out more about Fixers.org and how they have helped Jess to use her past to fix her future.	Bronze	http://bit.ly/ GraduatePlusFixers1
Fixers www.fixers.org.uk	Fixers in Action: Charlotte Richardson—Young Carers Ambitions  1-2pm   CC – Curzon - C 101  Come and find out more about Fixers.org and how they have helped Charlotte to use her past to fix her future.	Bronze	http://bit.ly/ GraduatePlusFixers2
Careers and Employment Event	Super Savvy You!  12:30-3:30pm   CC - Curzon - C 502  Know yourself, know where you're going and how you're going to get there in style!	Bronze	http://bit.ly/ GraduatePlusCareers3
Careers and Employment Event	Kickstart My Self Awareness  2-3pm   CC — Curzon - C 507  Come and identify your skills, values and traits, as well as discover how to develop your own personal brand.	Bronze	http://bit.ly/ GraduatePlusCareers4
Careers and Employment Event	Kickstart My Self Promotion	Bronze	http://bit.ly/ GraduatePlusCareers5

#### **Flavour of Activities in Curzon Atrium**

NCS, Graduate+, Enterprise Rent-A-Car, BCU Inspirational Choir







## **Get Experience**

## **Wednesday 1st March**

Who?	What, When and Where?	Award	How?
<b>common</b> purpose	Frontrunner Leadership 3 Day Course  All Day - Wed, Thurs, Fri   City Centre – Fazeley Studios  Participate in a 3-day leadership development programme that is designed to enhance your skills, networks and employability.	Gold	To register your interest email: askcareers@bcu.ac.uk
National Apprentice Challenge	The National Apprentice Challenge Comp — Info Session  10-11am   CC – Curzon - C 457  Come and find out about how to get involved in one of the UK's largest award-winning inter-university enterprise competitions.	Bronze	http://bit.ly/ GraduatePlusNAC
Careers and Employment Event	Marketing Your Skills to Employers    □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□	Bronze	http://bit.ly/ GraduatePlusCareers6
Careers and Employment Event	Computing, Engineering and Built Environment Fair  11-3pm   CC – Millennium Point  This will be your opportunity to meet with a range of employers recruiting for regional, national and international positions.	Bronze	http://bit.ly/ GraduatePlusCEBEFair
Parlia Mentors	ParliaMentors — 3 Faiths Forum — Leadership Programme	Bronze	http://bit.ly/ GraduatePlusPaliaMentors
SUITED FOR SUCCESS	Suited for Success Information Session  12-1pm   CC — Curzon - C 455  Volunteer opportunities supporting a charitable organisation who work with referred clients. Are you interested in style, fashion and helping others? Come along to find out more.	Bronze	http://bit.ly/ GraduatePlusSuited
	Get Inspired & Motivated with Dave Keeling   12-1pm   CC — Curzon - C 087  1-2pm   CC — Curzon - C 087  C 2-3pm   CC — Curzon - C 087  Be inspired, be motivated and be confident!  Come and meet Dave—an actor and stand-up comedian.	Bronze	http://bit.ly/ GraduatePlusDave1  http://bit.ly/ GraduatePlusDave2  http://bit.ly/ GraduatePlusDave3







## **Wednesday 1st March**

Who?	What, When and Where?	Award	How?
POWERED BY  **CHALLENGE**	NCS The Challenge Workshop  12-2pm   CC – Curzon - C001  Come along to this workshop with the Student National Citizenship Scheme for info on paid roles and opportunities.	Bronze	http://bit.ly/ GraduatePlusNCS1
	Silent Coffee Charity Event  1-2pm   CC – Curzon - C 320  Come and learn different ways to communicate over tea and coffee, whilst raising money for Scope, a disability charity.	Bronze	http://bit.ly/ GraduatePlusSilentCoffee
crunch our food our health our planet	Wellcome Trust—The Crunch Session	Bronze	http://bit.ly/ GraduatePlusCrunch1  http://bit.ly/ GraduatePlusCrunch2
THE BIG ISSUE	The Big Issue—What's it all about?  ### • 4-5pm   CC – Curzon - C 001  Come and meet Jon Montague—Managing Director of Big Issue.  Get involved and find out how to make a real difference!	Bronze	http://bit.ly/ GraduatePlusBigIssue
	Firewalk - with Motivational Induction Session  Curzon - C087   3-4pm (Induction Session)  City Centre - Eastside Park   4-5:30pm (The Firewalk)  Dare to walk and do something to challenge your mind-set!  Break out of your comfort zone & take a risk you won't regret!	Bronze	http://bit.ly/ GraduatePlusFirewalk

#### **Flavour of Activities in Curzon Atrium**

Graduate+, Centre for Academic Success,
ParliaMentors, Off the Scale,
Birmingham Museums/ThinkTank — The Crunch

#### **Flavour of Activities in City South Foyer**

Wellcome Trust, City Year,
Potential.ly, ParliaMentors, Graduate+,
Careers: Visualise Your Future









## **Thursday 2nd March**

Who?	What, When and Where?	Award	How?
Careers and Employment Event	Unlock Your Potential — The Hidden Job Market  □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□	Bronze	http://bit.ly/ GraduatePlusCareers7 http://bit.ly/ GraduatePlusCareers8
NHS	Birmingham South Central Clinical Commissioning Group  12-1pm   CC – Curzon - C 459  Citizenship volunteer opportunities available — chance to find out more, be involved and have a voice on your local NHS.	Bronze	http://bit.ly/ GraduatePlusNHS
PSYCHOMETRICS	Introduction to Employer Numeracy Tests Workshop  12-2pm   CC – Millennium Point - MP 158  Find out how to succeed in psychometric tests – with a numeracy focus.	Bronze	http://bit.ly/ GraduatePlusNumeracy
Careers and Employment Event	Law and Social Sciences Careers Fair  11-3pm   CC – Millennium Point  This will be your opportunity to meet with a range of employers from law and social science backgrounds.	Bronze	http://bit.ly/ GraduatePlusLSSFair
RISK	How to get Vital Information to Impress your Future Employer  1-2pm   CC — Curzon - C 269  Many graduate recruiters complain about the lack of business/ commercial awareness in applicants—come & find out more!	Bronze	http://bit.ly/ GraduatePlusLibrary
Enterprise Nation	Enterprise Nation Session — Free Membership Opportunities  2-3pm   CC – Curzon - C 112  Come along and meet Debbie Assinder who will provide info and advice on self-employment and business set up.	Bronze	http://bit.ly/ GraduatePlusEnterpriseN
BCU inspirational CHOIR	BCU Inspirational Choir  4:30-6pm   CC – Curzon - C 319  Come and meet other students and staff who sing together - it is a great way to de-stress and build new skills.	Bronze	http://bit.ly/ GraduatePlusChoir

#### **Curzon Atrium**

Graduate+, Enterprise Nation







## **Friday 3rd March**

Who?	What, When and Where?	Award	How?
UpRising	Meet the Uprising Team  ☐ 10-11am   CC – Parkside - P 441  Find out about this organisation and it's leadership programs that develop your skills, networks and social awareness.	Bronze	http://bit.ly/ GraduatePlusUprising
Careers and Employment Event	Kickstart My Self Presentation  11-12noon   CC – Parkside - P 441  Come and discover how to shine during an interview, prepare for presentations and perform brilliantly at assessment centres.	Bronze	http://bit.ly/ GraduatePlusCareers9
	Introduction to Report Writing Workshop  11-1pm   CC – Millennium Point - MP 490  Come and get an insight into report writing and what makes a good report.	Bronze	http://bit.ly/ GraduatePlusReports
Careers and Employment Event	Kickstart My Opportunity Awareness  12-1pm   CC – Curzon - C 204  Come and learn about how to find the hidden job market, build networks effectively and develop job searching techniques.	Bronze	http://bit.ly/ GraduatePlusCareers10
POWERED BY ECHALLENGE	NCS The Challenge Workshop—Paid Work, CREATIVE Focus  2-3pm   CC — Parkside - P 350  Come along and find out how you can secure paid Creative  Practitioner roles this summer — e.g. Graphics, Media etc.	Bronze	http://bit.ly/ GraduatePlusNCS2
time to change	Time to Change - Mental Health Well-Being  2-3-pm   CC – Parkside - P 441  Come along and find out how Time to Change are changing how we think and act about mental health problems.	Bronze	http://bit.ly/ GraduatePlusTTC
STRUTERS LONDON	What does it take to be successful in the Creative Industries?  3-4pm   CC – Parkside - P 350  Meet Rebecca Struthers, BCU Alumna, founder of Struthers  London — find out how she developed her luxury Watch brand.	Bronze	http://bit.ly/ GraduatePlusStruthers

#### **Curzon Atrium**

Graduate+, Careers: Visualise Your Future

**City South Foyer** 

Graduate+







### **REALISE YOUR POTENTIAL**



Degrees take a lot of work, but you could always go the extra mile to make you stand out from the crowd and bag that graduate job you've been studying so hard for. Graduate+ is a new scheme where the work you do alongside your degree amounts to an award that can boost your journey to your dream career.

#### WHAT'S IN IT FOR ME?

The activities and events are designed to reflect what makes you stand out to employers. Be it a part time job, setting up a LinkedIn account or even winning an award for your work, you can log it towards your Graduate+ award. Graduate+ looks to offer and promote a range of events whilst recognising all that you do as an individual. Volunteering, placement activities and parttime work can all be included within vour award.

#### WHAT DO I NEED TO DO?

BCU is committed to helping you grow and develop your potential. The attributes expressed in Graduate+ reflect the qualities employers look for in graduates. As a student you are already a member of the Graduate+ community, you just need to log on the website by using the Graduate+ iCity tile or going direct www.bcu.ac.uk/ graduateplus. Why don't you start your award with you very own Potential.ly personality questionnaire and log it against the Bronze element of your award?

# BRONZE

Get to know what you like and discover what you can develop for this award.



Testing and building on your skills is a step up for the silver award.



Extending your skills and challenging yourself will help you finish off your Graduate+ award to the highest standard.

#### Find out more at www.bcu.ac.uk/graduateplus





**BCU Graduate+** 



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